



# EDELBROCK E-STREET CYLINDER HEADS

## For Small-Block Chevrolet V8 Engines

### Part #5073 & 5089

## INSTALLATION INSTRUCTIONS

**PLEASE** study these instructions carefully before beginning this installation. Most installations can be accomplished with common tools and procedures. However, you should be familiar with and comfortable working on your vehicle. If you do not feel comfortable performing this installation, it is recommended to have the installation completed by a qualified mechanic. If you have any questions, please call our **Technical Hotline at: 1-800-416-8628**, 7:00 am - 5:00 pm, Pacific Standard Time, Monday through Friday.

**IMPORTANT NOTE: Proper installation is the responsibility of the installer. Improper installation will void your warranty and may result in poor performance and engine or vehicle damage.**

**DESCRIPTION:** Edelbrock E-Street Cylinder Heads are designed for street use, and are interchangeable with 1986 & earlier 302, 327, 350, and 400 c.i.d. Chevrolet engines (not centerbolt). These heads do not have an exhaust crossover passage and therefore do not have an E.O. number for EGR equipped applications. Check local laws for requirements. Edelbrock cylinder heads have been designed for maximum flow velocity when matched with Edelbrock intake manifolds, camshafts, carburetors, or additional recommended performance parts. These complete cylinder heads are assembled with the following components: Stainless steel, one-piece intake and exhaust valves; 2-ring positive-oil-control seals; 3/8" rocker arm studs and 5/16" guide plates; hardened steel valve spring locators; Edelbrock Sure-Seat Valve Springs, retainers, and valve keepers. These complete cylinder heads are assembled and prepared for installation right out of the box. **IMPORTANT NOTE: E-Street Cylinder Heads are equipped with 1.25" diameter valve springs that have been tested to 5,500 rpm. DO NOT EXCEED 5,500 RPM WITH THESE SPRINGS. Higher operating speeds may induce valve float which can cause severe engine damage. Performer RPM heads are recommended for higher engine speeds.**

### BEFORE BEGINNING INSTALLATION

For a successful installation, the Edelbrock E-Street Cylinder Heads require some components other than original equipment parts. To complete your installation, you will need the following items:

- Head gaskets; Edelbrock #7310
- Intake manifold gaskets; Edelbrock #7201
- Exhaust gaskets; Edelbrock #7204
- Valve Cover gaskets; Edelbrock #7549

**NOTE:** Edelbrock Cylinder Head Gasket Set #7361 may also be used in place of individual gaskets. This set contains all gaskets necessary for cylinder head installation.

- Edelbrock head bolt kit #8550 (see instructions below)
- 14mm x 3/4" reach x 5/8" hex, gasketed spark plugs (heat range to be determined by specific application)
- Adjustable rocker arm assembly (Premium roller rockers recommended)
- +.100" longer-than-stock hardened pushrods; Edelbrock #9629 (For use with stamped steel rocker arms or with 64cc heads in some cases)

**ROCKER GEOMETRY:** Rocker geometry should be checked, making sure that the contact point of the roller (or pad on a stock rocker arm) remains properly on the valve tip and does not roll off the edge. Visual inspection of the rockers, valve springs, retainers, and pushrods should be made to ensure that none of these components come into improper contact with each other. If problems with valve train geometry occur, changes such as pushrod length may be required.

**CHECKING VALVE-TO-PISTON CLEARANCE:** Prior to installation, it is highly recommended that valve-to-piston clearances are checked and corrected to minimum specs, if necessary. Minimum intake valve clearance should be .100". Minimum exhaust valve clearance should be .110". E-Street cylinder heads are designed for use with flat-top pistons.

**PISTON-TO-CYLINDER HEAD CLEARANCE:** Edelbrock cylinder heads are designed for use with flat-top pistons. The use of domed pistons requires that piston-to-head clearance be checked before installation. Recommended minimum piston-to-head clearance is .050".

**VALVE-TO-BORE CLEARANCE:** Edelbrock cylinder heads are designed to be used on engines with a minimum bore size of 4.000". If used on engines with a bore size less than 4.000" (307, 305, 283, 267, 265, & 262 c.i.d.), do not use a camshaft with more than .450" lift or the valves may hit the cylinder bores.

### ACCESSORIES

Although Edelbrock E-Street cylinder heads will accept OEM components (rocker arms, valve covers, intake manifold, head bolts, etc.), we highly recommend that high quality hardware be used with your new heads.

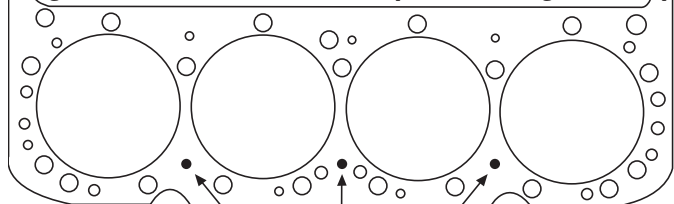
- **Valve Springs:** E-Street cylinder heads are assembled with valve springs that are compatible with both Edelbrock Performer and stock camshafts (See **Specifications** table). If any other camshaft is used, check with the camshaft manufacturer for recommended spring pressures and maximum valve lift. **NOTE:** If valve springs are changed to achieve more spring pressures it will be necessary to also change rocker studs. **CAUTION:** Some Chevrolet V8 cylinder heads are factory equipped with "self-aligning" rocker arms. These rocker arms have a stamped recess on the valve tip end to guide the rocker arm on the valve stem which allows the rocker arm to guide the pushrod. Edelbrock cylinder heads are equipped with hardened pushrod guideplates. Therefore, non-self-aligning, stamped (i.e., Sealed Power #R-865R, Pioneer-Barnes #818001 etc.), or non-self-aligning roller rocker arms are recommended.
- **Exhaust Headers:** Any header or manifold designed for original equipment heads will fit Edelbrock Cylinder Heads. Exhaust ports are machine profiled to match Edelbrock #7204 exhaust gaskets, which are recommended for this application. Use of anti-sieze on header bolts is recommended to facilitate later removal. Edelbrock makes emissions-legal Tubular Exhaust Systems for many applications. Check the Edelbrock catalog for complete listing, or call our Technical Hotline.

- **Head Bolts or Studs:** High quality head studs or head bolts with hardened washers must be used to prevent galling of the aluminum bolt bosses. We recommend Edelbrock Head Bolt Kit #8550. OEM head bolts may be used if they meet these specs for length: 1-3/4" (short bolts); 3" (medium bolts); 3-13/16" (long bolts). Shorter bolts do not have enough thread engagement for use with hardened washers. With OEM bolts, use hardened GM #10051155, ARP #200-8511, or equivalent washers. Bolt threads, underside of bolt heads, and washers should be lubricated with an oil/moly mix prior to installation and torquing.
- **Valve Covers:** Edelbrock cylinder heads accept stock valve covers for the year and model for which they are listed. They also accept Edelbrock valve covers #4449, #4649, #4249 or #4248.
- **Spark Plugs:** Use 14mm x 3/4" reach gasketed spark plugs. Heat range may vary by application, but we recommend Champion RC-12YC (or equivalent) for most applications. Champion RC-12YC are 1/4" shorter than "N" series plugs and may be required for header clearance. Use anti-seize on the plug threads to prevent galling in the cylinder head, and torque to 10 ft./lbs.  
**NOTE: Do not overtighten spark plugs!**

### INSTALLATION PROCEDURE

Installation is the same as for original equipment cylinder heads. Consult service manual for specific procedures, if necessary. Use Edelbrock head gasket #7310. This head gasket has a flattened steel O-ring around each bore and will provide an excellent, long lasting seal. It will however compress the aluminum and you must use #7310 for subsequent gasket changes to get a good seal. **NOTE: YOU MUST DRILL "STEAM HOLES" IN CYLINDER HEADS FOR 400 ENGINES (See Figure 1).** Be sure that the surface of the block and the surface of the head is thoroughly cleaned to remove any oily film before installation. Use alcohol or lacquer thinner on a lint-free rag to clean. Apply RTV silicone or ARP thread sealer to head bolt threads, and apply engine oil or ARP lubricant to the head bolt washers and underside of bolt heads. Torque bolts to 65 ft./lbs. in three steps (40-55-65), following the factory tightening sequence (See Figure 2). Check to make sure engine has proper grounds to chassis. When pouring coolant back in the radiator make sure to use at least a 50/50 mixture of coolant to water. A re-torque is recommended after initial start-up and cool-down (allow 2-3 hours for adequate cooling).

**Figure 1 - Steam Hole Locations (400 C.I.D. Engines ONLY)**



Drill three .125" holes in each head using 400 c.i.d. head gasket as a guide. **DRILL ONLY THE THREE LOWER STEAM HOLES** (closest to the spark plugs) as indicated. Drill straight into the head (90° from the deck) until the drill breaks through into the water jacket (about 9/16"). **COOLANT HOLES ABSOLUTELY MUST NOT OVERLAP INTO THE HEAD GASKET SEALING RING AREA!**

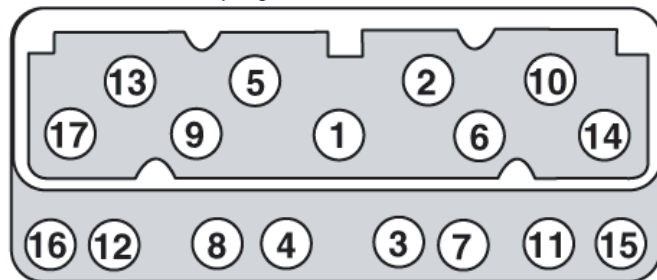
### SPECIFICATIONS

**Head bolt torque:**.....65 ft./lbs. (in steps of 40-55-65)  
**Rocker stud torque:**.....45 ft./lbs.  
**Combustion chamber volume:**.....#5073: 70cc .....#5089: 64cc  
**Deck thickness:** .....9/16"  
**Valve Size:** .....Intake- 2.02", Exhaust- 1.60"

### PUSHROD GUIDE PLATE ALIGNMENT

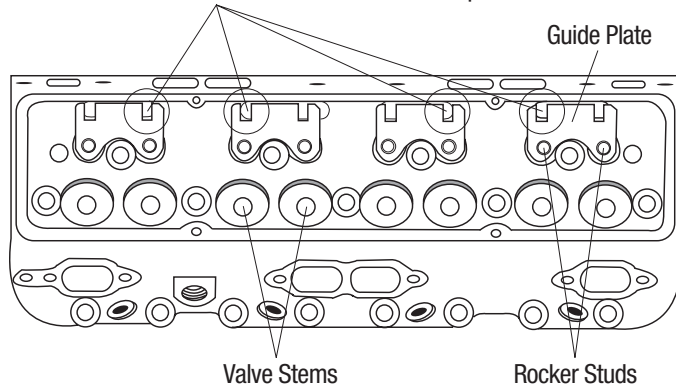
Complete Edelbrock cylinder heads are sold with the pushrod guideplates and rocker studs installed, but they will require checking for proper valve train alignment and pushrod clearance before operating engine. The pushrod guideplates are attached to the cylinder heads with two (each) rocker studs. The stud holes have enough clearance to adjust the guideplates for optimum alignment of your valve train components (See Figure 3).

1. After the heads have been installed and torqued to specs, install your pushrods, rocker arms, and rocker arm adjusting nuts.
2. Check pushrod-to-cylinder head clearance. **NOTE: YOU MUST CHECK TO ENSURE THAT THERE IS CLEARANCE BETWEEN THE PUSHRODS AND THE CYLINDER HEADS (.005" min.) (See Note "A", Figure 3).**
3. If adequate clearance exists between pushrod and head, slowly turn engine over through at least two revolutions while watching pushrod. Make sure that pushrod does not rub on the head either at full lift or when the valve is seated closed.
4. If pushrod rubs on the cylinder head, remove rocker arms, loosen the rocker studs and move the guideplate as needed to provide clearance.
5. After checking all pushrods for proper clearance, ensure that the tip of the rocker arm is making adequate contact with the top of the valve stem.
6. Carefully re-torque to 45 ft./lbs. any rocker studs that were loosened. Check alignment again to be sure that the guideplates did not move while torquing the studs.



**Figure 2 - Cylinder Head Bolt Torque Sequence**  
**Torque Bolts to 65 ft./lbs. in Three Steps (40-55-65)**

NOTE "A": Most common areas of pushrod interference



**Figure 3 - Pushrod Guide Plate Clearance**

**Valve Spring Diameter:**.....1.26"  
**Valve Spring Installed Height:**.....1.750"  
**Valve Spring Seat Pressure:** .....125 lbs.  
**Valve Spring Seat Pressure @ .500" Lift:** .....320 lbs.  
**Max. Valve Lift:**.....0.525"